

# Naperville Youth Soccer Pre-Kademy Fall 2021



## Introduction of Staff

- Vicki Massett, Coordinator  
[vmassett@napervilleparks.org](mailto:vmassett@napervilleparks.org)
- Stephanie Ainslie, Program Manager  
[sainslie@napervilleparks.org](mailto:sainslie@napervilleparks.org)

## Program Philosophy

Naperville Youth Soccer Pre-Kademy was developed to provide children ages 2.5 to 3 the opportunity to be introduced to new skills, socialize, be active and have fun!

If at the end of the season you can say that every player had fun and possibly learned a little soccer, you have had a successful season!

## Coach Open House/Equipment Pick-up

- An open house will be held on **Tuesday, August 17 from 11:30AM-7:00PM** at the Fort Hill Activity Center.
- Head Coaches must attend to pick-up their team information and equipment bag.
  - Head coaches unable to attend should make arrangements for an assist coach to pick-up.
  - Packet contents include:
    1. Team Roster
    2. Accident/Incident Forms
    3. Pre-Kademy Manual
- Assistant coaches do not need to attend the open house. There is no equipment or information for assistant coaches to pick-up. However assistant coaches are welcome to stop in and speak with soccer staff about any questions they may have.

## Coach Clinic

Sunday August 22 @ Knoch Park Synthetic Turf Field

Coaches interested in learning drills and skills to bring back to their teams are invited to attend a free hands-on coach clinic. Online pre-registration is required.

Please follow this link to register and use the codes below:

<https://apm.activecommunities.com/napervilleparks>

Grades	Code	Time
PreKademy-2nd	64568	9:00-10:30AM

## Coaching Forms

<https://naperville-park-district.sportngin.com/>

Volunteer Application for both new and returning coaches must be completed if not done so already.

- DCFS and coach activation must be completed every two years.
- You will receive an e-mail confirmation when your online forms are submitted.
- Forms must be completed by August 16.
- Completion of all paperwork will assist coaches with achieving good standing, thus ensuring priority registration for the following season.
- Volunteer paperwork for assistant coaches must be completed and returned before the assistants may participate in any practice or game, and be recognized as a coach in good standing.

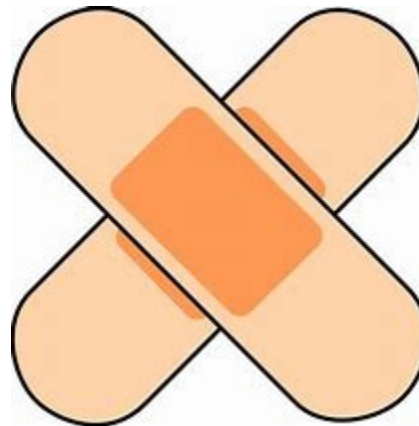
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## Coaching Forms (cont.)

- All currently rostered fall 2021 assistants have received their volunteer forms by e-mail.
- Head coaches must notify NYS staff of any newly recruited assistants.
  - Assistants must complete on-line volunteer paperwork.
- Paperwork for recruited assistants must be completed and returned to your soccer coordinator before they can assist with practice.
- Each team may have one head coach and two assistants per team.

## Injury Reports

- If a player or coach is injured during a practice or game, please complete an accident/incident report.
- Blank Accident/Incident forms can be found in your coach packet or obtained directly from your coordinator.
- Completed forms should be submitted to the Program Manager, Stephanie Ainslie, at [sainslie@napervilleparks.org](mailto:sainslie@napervilleparks.org)



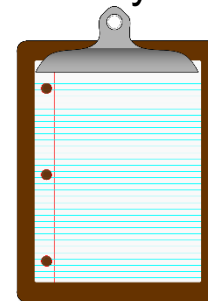


## Priority Registration

- Priority registration materials for Spring 2022 will be e-mailed out on **November 10.**
- Priority registration will take place online
  - Priority registration opens **Nov. 17** at Noon and will close **Nov. 24** at 11:59PM
- Late registrations will not be excepted
- If you believe you are eligible for priority registration but do not receive the e-mail on Nov. 10, you must reach out to your coordinator ASAP.
  - Failure to receive the e-mail is not grounds for an exception to the deadline.

## Team Rosters

- A copy of the team roster is included in the packet given to the head coach at the equipment pick-up.
  - **Head Coaches:**
    - As soon as you receive your roster, please contact the players on your team to provide them with information on yourself and the assistants.
    - Make sure to include the **time of practice and the field you have been assigned.**
    - A sample communication template is attached for your convenience.
- The Park District manages who is on each team. Coaches may not give anyone not on the roster permission to participate on the team.



## Season Information

- The season is 7 weeks
- The first practice is the week of August 30

## First Practice

- Coaches should wear the blue or yellow coach shirt to identify themselves to parents and participants.
  - Shirts will be available during equipment pick-up.
- Coaches should have a copy of their roster at each practice to assist parents with making sure they are joining the correct group.
- Coaches should also keep attendance of which participants are at each practice.



## Practice: Location

- Each team has been pre-assigned a practice field. Maps of each location can be found at: <https://www.napervilleparks.org/napervilleyouthsoccer>
- Please keep your roster on you at all times. This will serve as your permit for you to address any issues with other groups on your field.

## Practice: Activity Plans

- Choose activities with minimum “waiting” time, and minimal physical contact when possible.
- Not all activities need to be done with a soccer ball
- Step-by-step activities are included in your coach manual, however that is simply a guide
  - You are welcome and encouraged to bring your own ideas
- A contact list of all Pre-Kademy Coaches is included in your packet. If at any point during your season you feel your team is ready to try a real scrimmage, please feel free to contact another coach and schedule a team vs. team scrimmage on one of your practice nights.

## Practice: Break Time

- To assist with social distancing, have participants set their water bottle/personal items in a line at least 6 feet apart when they arrive.
  - This will be their “home base” during practice.
  - When it’s time for a water break or end of practice wrap-up, have participants return to their water bottle for dismissal from practice.



## Equipment

- All players are encouraged to bring their own soccer ball to practice.



### **Ball Size:**

Grades PreK-2 size 3



- The Park District will provide a bag of equipment (cones, 2 balls and first aid kit) to each team which will be given out at the Coach Open House on August 17.
- Players may wear gym shoes, or rubber soccer cleats
- Shin guards are not required but highly recommended for practices
- Street glasses are permitted, but sports goggles are recommended



## Equipment Return

- Soccer bags must be returned to the Fort Hill Activity Center at the conclusion of the season.
- Bags return will take place Saturday, October 23 between 10:00AM-4:00PM
- If the rain date is used for NYS, bag return will be October 30 at Fort Hill Activity Center.



## Rainout Information



RainoutLine

(630) 883-4242

[www.napervilleparks.org/cancellations](http://www.napervilleparks.org/cancellations)

Sign-up for e-mail/text alerts

The Naperville Park District monitors game field conditions, and any field closures are communicated through RainoutLine.

- Decisions for weekdays made by 3PM

### **Practices:**

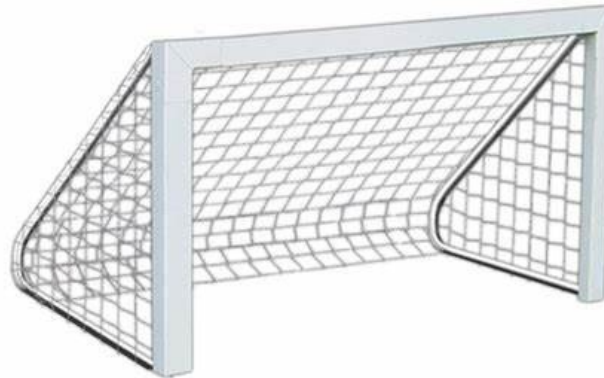
- Due to the size of Naperville, the District does not cancel practices based on weather (It may be pouring at Arrowhead but blue skies at South Pointe).
- Coaches are responsible for making cancellation decisions for practices based on the weather in their area and field grass conditions at their practice location.

## Make-Up Games

- In the event your practice is cancelled due to weather, please contact your coordinator
- Coordinators will work with each team to find a make-up practice day and time
- The make-up may need to take place on a different night due to field availability

## Goal Safety

- All coaches should inspect the field of play and make sure both goals are anchored properly.
  - Should a goal not be anchored properly, please contact the program manager right away at 630-995-8927.
  - Leave a message with your field location, number and your contact number.
- No player or coach should climb or hang from goal frames or nets



## Behavior Code of Conduct / Sportsmanship

- The Naperville Park District has adopted a Behavior Code of Conduct for all coaches/volunteers, participants and parents. A copy of the Behavior Code of Conduct can be found on the NYS website.
- Remember you are a role model to your players. **Set a Good Example!**
- Poor behavior from coaches, participants, and/or parents will not be tolerated.
- If you have concerns regarding the conduct of a coach, participant or parent please contact Park District staff.



## COVID-19 Information

- Participation guidelines for Youth and Adult Sports can be found on the Naperville Park District website at:  
<https://www.napervilleparks.org/coronavirus>
- The guidelines are periodically updated as new information becomes available, so please check the website for the most current guidelines.
  - Please review and familiarize yourself with these guidelines and contact a member of our staff if you have any questions or need additional clarification.
- See the COVID-19 resource manual that is attached with this presentation for additional training materials.

## COVID-19 Reporting Procedure

The Naperville Park District follows CDC guidelines and timelines for **COVID-19** situations. Park district staff, with the support of public health officials, will determine what type of contact has taken place and what the next steps are in reporting, quarantining or cancelling of our programs and practices.

**If you are contacted** by a team member or informed by someone that a member of your team, including coaches and family members has (is):

- Tested positive for COVID-19
- Are experiencing any symptoms of cough, shortness of breath or difficulty breathing, fever, chills, muscle or body aches, headache, sore throat, new loss of taste or smell, congestion or runny nose, nausea or vomiting and diarrhea
- Feel they have been exposed to someone with COVID-19

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## COVID-19 Reporting Procedure (cont.)

1. Inform them to stay home and to contact their healthcare provider so they can make arrangements to be assessed.
2. Forward all messages/information from that family to your park district contact immediately. All COVID-19 related situations should be handled directly by park district staff.
3. Park District staff will investigate the situation as we have been directed to do so by the DuPage County Health Department. This includes gathering of confidential information, contact tracing, cancelling or rescheduling of programming activities (practices), if deemed necessary.
4. Upon completion of our investigation, if it is determined that notifications to participants and their families is needed, all communication will be handled directly by park district staff.

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## COVID-19 Reporting Procedure (cont.)

5. Coaches should not send out emails to their team or other coaches regarding the situation. Please remember, all COVID-19 related notifications will be issued by the Naperville Park District based on the information gathered and guidance from public health officials.
6. Please respect the privacy of these individuals. This information is part of their medical history and needs to be kept confidential. Names, genders, or if they are a player, coach, or parent should not be used when discussing the case with anyone other than the park district staff.

The Naperville Park District will continue following coronavirus prevention guidelines from the Illinois Department of Public Health (IDPH) and Centers for Disease Control Prevention (CDC), which remains:

- Wash hands often with soap and water for at least 20 seconds
- Avoid touching eyes, nose or mouth with unwashed hands
- Avoid close contact with people who are sick

## Face Coverings

- The Naperville Park District follows the guidelines issued by the State of Illinois under the Restore Illinois Plan in the operation of programs and facilities. The guidelines issued by the State are developed by the Illinois Department of Commerce & Economic Opportunity (DCEO) and the Illinois Department of Public Health (IDPH).
- Currently, regardless of vaccination status, individuals may engage in training, competition, and other active exercise without wearing a mask for all sports played outdoors.
- For additional information or recommendations, please visit:  
<https://dph.illinois.gov/covid19/community-guidance/sports-safety-guidance>

# Thank You for Volunteering!

- Your time and hard work is much appreciated!
- If you have questions regarding this information, the season, etc. please contact Park District staff.

**Please complete this survey for each team you are involved with to verify you have reviewed the coaching materials.**

- <https://www.surveymonkey.com/r/F9FN6LJ>