



Symptom Monitoring Reminders

In order to maintain a healthy and safe environment it is extremely important that parents/participants carefully monitor their health and the health of their children(s) and report any symptoms, close contacts or positive diagnosis of COVID-19 to the Program Manager, and follow the guidance of the DuPage County Health Department (DCHD) for self-isolation and self-quarantine when necessary.

Parents/participants are asked to monitor closely for any of the following [COVID-19 symptoms](#):

- Fever or Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea and/or Vomiting
- Diarrhea
- Any other COVID-10 symptoms identified by the CDC or IDPH

Participants experiencing **any** of the above symptoms should remain home and caregivers should report the symptoms in writing to the Program Manager. We are required by IDPH to consider any participant experiencing **one or more** of the symptoms of COVID-19 as a possible case unless we receive an alternative diagnosis from a health care provider. Participants must meet IDPH criteria in order to participate in in-person programs or any other Naperville Park District sponsored event.

Return to Park District program criteria guide:

<https://www.dph.illinois.gov/covid19/community-guidance/isolation-quarantine>