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**To:** [Regular Employees](#); [Andres Caraballo](#); [Andres Grado](#); [Cesar Hernandez](#); [Daniel Skryd](#); [Enrique Perez](#); [Ivan Gomez](#); [Jamie Vazquez](#); [Jesse Barr](#); [Joel Ruiz](#); [Joel Wallin](#); [Jose R. Sosa](#); [Juan Quintana](#); [Marcos Ruiz](#); [Mario H. Vazquez](#); [Nicholas Van Arkel](#)  
**Subject:** Wellness Incentive drawing  
**Date:** Thursday, April 30, 2020 8:16:27 AM  
**Attachments:** [image001.png](#)  
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[Naperville\\_Workshop Poster\\_NowWorkshops.pdf](#)  
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The Wellness program offers a mid-year incentive for participants providing the opportunity to be entered into a drawing.

Participants who have earned a minimum of 50 points by May 31<sup>st</sup> will be entered into the drawing to win a Yeti 30 oz stainless steel Rambler. Two lucky employees will be winners!

There are numerous opportunities available to earn points on the [myinteractivehealth](#) website:

- Complete an online workshop (*see attached flyer with list of workshops*)
- You can do an **Extracurricular Activity** (*and then enter it into this category under the Action Plan*)
  - ✓ Watch a previously recorded Interactive Health webinar through the Health Library on their website
  - ✓ Participate in a food drive or blood drive
  - ✓ Volunteer for a charity or non-profit
- A Flash Challenge is coming mid-May. More details will be sent through email the week of the 11<sup>th</sup>.

Thanks!



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*Promoting healthy lives, minds and community*