

Summary of Rules for Girls Softball Coach Pitch

One coach is allowed in the outfield when his/her team is playing defense.

A designated adult will pitch underhand to their team's batter. There will be a 7 pitch limit. Strikes will consist of called strikes (1 and 2), missed swings, and foul balls. If the third strike is a foul ball he shall continue to receive pitches until she hits the ball fair or swings and misses. A strikeout can only occur if the batter swings at the third strike or fails to hit the tenth pitch. There are no walks.

The batter is not awarded first base when hit by a pitched ball. The ball is dead.

No bunts are allowed.

No lead-offs and players must tag up on a fly ball.

No head first slides. "No crash rule" at bases.

Dropped third strike rule is not in effect.

The batter is out if she throws the bat.

A team can score no more than 5 runs in one inning.

There are ten players in the field. No short fielders.

A game shall consist of 6 innings or one hour. If the game exceeds one hour the final out will be determined by the coaches.

Players may not use shoes with metal or hard plastic cleats. We encourage 50 ft. base lines and the coach should pitch from approximately 30 ft. away.

No one is allowed behind the backstop.

Any adult ejected must leave the playing area immediately. An ejected player must remain on the bench. No player, coach, or scorekeeper is permitted to call an opposing player a name while he is batting, running, or fielding. No smoking or drinking of alcoholic beverages.

There is no on deck circle. All players not in the field or at bat should be seated in the dugout area.

This is a non-competitive league. No league standings are kept.