



CHALLENGER SOCCER ACADEMY ACADEMY TRAINER RESUME

PERSONAL INFORMATION



NAME: Tawanda Rupere

DATE OF BIRTH: 21/03/93

AGE: 22

PLACE OF BIRTH: Zimbabwe

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COACHING QUALIFICATIONS

- FA Level 1 in Football Coaching
- Bachelor Degree in Sports Coaching

COACHING EXPERIENCE

I'm a very enthusiastic coach who always looks to develop young participants in their sport of choice. I have different experience in different school settings from Primary Schools, Secondary Schools and SEN Schools. Very professional, organised, detail orientated and reliable. Keen to learn and coach new sports and able to work in a variety roles within the setting.

Coaching Qualifications:

- FA Level 1 – Football
- First Aid
- Bachelor Degree in Sports Coaching

Coaching Experience:

St Theresa Primary School [Placement]

(February 2010 – April 2010)

As part of my BTEC A-Level we had to complete a placement at a local primary school. On the placements we had to plan and deliver small coaching session 1 hour a week. This was my first experience coaching and it was a great learning curve. We were mainly responsible for the Year 1 and 2. Over the couple of weeks we focused on different sports but mainly football.

Duties:

- Make sure participants are taking part and enjoying the sport
- Start to introduce the sport in more detail i.e. introduce rules about the sport
- Had to keep a log of reflections of what occurred each session
- Develop each session so they are learning a new skill each week
- Carefully plan and deliver a session each week

GOALS Soccer Centre [Part Time]

(January 2011-Present)

Coaching children of ages 5 to 10 the fundamentals of football and how to develop on Saturday mornings. Planning and running programs of activities for the groups and/or individuals to ensure they develop their skill and knowledge of the sport. Run football summer camps from September through to October and during half terms and Easter holidays. Also I am in charge of children football parties. This includes coaching the children and playing fun and games.

Duties:

- Encouraging participants to gain and develop skills, knowledge and techniques
- Communicating instructions and commands using clear, simple language
- Planning, organising and running drills
- Developing knowledge and understanding of fitness, injury and nutrition
- Planning own work schedule

Moor Allerton Hall Primary School [Placement]

(November 2011 – December 2011)

This was my first placement at Leeds Metropolitan University. We were placed at a local primary school and we had to observe and learn different teaching behaviours that were exercised by current teachers. As well as observing the teachers behaviour we also had to keep an eye on the children and look at the way they behaved and acted in certain situations they were placed in by the teacher. We had to attend one full day and one half day. On the full day we stayed with the same class the whole day from when the children came in the morning until it was home time. On the half days we only had to observe and help the teachers play break time activities. Worked with children in reception who were ages 4 – 5 years old.

Duties:

- Observe the teachers and students behaviours
- Keep a journal of all the different behaviours I saw during the placement
- Understand different teaching behaviours
- Planned little fun activities for the children to take part in during their break time

Quarry Mount Primary School [Placement]**(February 2012 – April 2012)**

This was my second placement at Leeds Metropolitan University. In my second semester we were focusing on developing the fundamental skills of young participants. To do this we focused on coaching Multi Skill games. These were games mainly focusing on using the fundamental movements needed for any sport that the children want to specialise in when they get older. In groups of 3 we had to plan and deliver multi skill sessions. The sessions consisted of different games that needed certain skills such as coordination, balance, agility etc. Was a great experience as it was my first proper placement at University, one I could properly plan for and had to deliver for a full hour. Worked with children in Year 2.

Duties:

- Make sure the children understood what fundamental movements they were learning
- Plan and deliver a full Multi Skill session (1 hour sessions)
- Write up a reflection of what worked and what didn't work during the session
- Identify what coaching behaviours I used and why used these behaviours.

Bankside Primary School [Placement]**(November 2012 – December 2012)**

This was my third placement at Leeds Metropolitan University. This placement was for 1 month placement at a primary school and we were still looking at the fundamentals. We had to pick 3 main topics that were going to look at in detail and try to develop the time we were there. As a group we decided to focus on Balance, Coordination and Agility. We spent 3 weeks on each element and tried to create activities that will improve each of these aspects on the children's overall sport participation. We worked with two year 2 classes and had them for an hour each Friday.

Duties:

- Carefully plan sessions that were going to improve the participants Agility, Balance and Coordination
- The activities had to be relevant to their age and stage of development.
- Plan and deliver sessions that aligned over the month we were at the school
- Each session should clearly show improvements from previous in terms of skills learned and level of difficulty

Mount St Marys Secondary School [Placement]**(November 2013 – December 2013)**

This was my secondary placement at Leeds Metropolitan University. This placement was for 7 weeks and it was linked with one of my modules I had to base my assignment around this placement. During my placement we were given a specific area to work on with the children and had to come up with a 7 week programme that the participants could work on and try to improve that specific element. We were working on Muscular Endurance with the two Year 7 classes. I had to introduce the topic to the students and make sure by the end of the 7 weeks they understood the key elements of the topic.

Duties:

- Deliver sessions around Muscular Endurance
- Make sure participants have clear understanding on the topic area
- Apply appropriate coaching behaviours
- Reflect on each session

West SILC [SEN Placement]**(February 2014 – April 2014)**

This was my Special Education Needs Placement. For this placement I worked with participants with severe Autism. This was a great experience in terms of working with children who are not in mainstream and learning new ways to coach kids with special needs. Attended placement once a week for 1hr 20min. This placement was also linked with one of my assignments.

Duties:

- Make sure that all participants are included in all the activities.
- Adapt all activities so that everyone feels involved or can play some sort of part in the game
- Learn about the participants disability and get to know them
- Come up with new ways of integrating all participants in sporting activities.

Young Elites [Coaching Business]**(August 2015 – Present)**

Myself and a family member set up a coaching company called Young Elites. We aim to provide top quality sessions from ages 5 – 13. The idea was to take over from the sessions that we were doing at GOALS and make it more structured to cater for different age groups. We offer private sessions and also birthday packages.

Duties:

- Providing top quality coaching to all participants
- Making sure that the session plans caters to each developmental needs of the participants
- Create a fun learning environment.

Motto:

Young Elites is dedicated to supporting parents during child development. Our dedicated team is passionate about providing the best possible experience for every performer we are privileged to work with. Young Elites provides fun, challenging and educating sessions and believe in supporting children in achieving "Excellence Through Hard-work and Dedication."

PLAYING EXPERIENCE

Rotherham United Football Club U13

Sheffield Hallamshire FA U15, U16

Sheffield FC U18, Reserves, First Team

Handsworth County Seniors

Garforth Town First Team

Leeds Metropolitan University 1st Team

Osset Town First Team

Zimbabwe UK National Team

HOST FAMILY INFORMATION

Food Likes:

Chicken, Burgers, Fries, Egg Fried rice, Beef, Pasta, Pork

Food Dislikes:

Shrimp

Medical Conditions:

None

Hobbies:

Exercise, Computers, Video Games, Reading,

Other:

HOST FAMILY REFERENCE

Name:

Simone Jarvis

Area:

Sheffield

Contact Number:

07947305275

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PERSONAL STATEMENT

This is a great opportunity for myself to develop as a coach and also as a person. I feel that I am suitable for this position as I am a very well driven coach who is always looking for a chance to improve upon the coaching qualities I have and I see this as a great opportunity to do so.

Working with other coaches will also help me improve by learning from them. Coaching has always been a passion of mine and being given an opportunity to do it in a different country will be a dream come true. Coaching in a different country will also enable me to learn about different cultures and also learn about coaching different participants in different environments.

Working with children who want to enjoy and succeed in sport would be a perfect environment for me as I feel I am very passionate about sport and also coaching it to the next generation so that they can achieve all their goals and aims.

An opportunity such as this does not come often in life and I feel that when you are presented with it you have to take it with both hands. Knowing the importance of this opportunity will keep me grounded and will make me want to work even harder to impress the organisers to show them that I am suitable for such position. This will also make me want to do my best when it comes to coaching the participants and hopefully make them improve and enjoy being coached at the same time.