



# CHALLENGER SOCCER ACADEMY ACADEMY TRAINER RESUME

## PERSONAL INFORMATION



**NAME:** Ben Ward

**DATE OF BIRTH:** 16<sup>th</sup> June 1993

**AGE:** 22

**PLACE OF BIRTH:** Burnley, Lancashire, England

**EMAIL:** BenMWard93@Gmail.com

## COACHING QUALIFICATIONS

- **FA Level 1 (Includes First Aid & Children Safeguarding)**
- **NVQ Level 3 in Sports Leadership**

## COACHING EXPERIENCE

- **Pro-Direct Soccer Academy – March 2012 – June 2015**
  - **Planned and delivered session to children between the ages of 3 and 18.**
  - **Sessions varied from drop in sessions to work with the program's academy teams.**
  - **This was my first coaching job and I feel that it gave me a big insight into different ways of coaching and ways in which new ideas can be implemented. It allowed me to gain confidence in the way I coach as well as learning from very experienced coaches and ex-players.**

- **Manchester City Football Club – September 2014**
  - Through my connections within Pro-Direct Soccer Academy I was able to secure some temporary work with a professional club in England for 4 weeks.
  - My role within the set-up was to deliver sessions to children between the ages of 6-8 whom where either on trial with the club or had secured short term contracts.
  - During this short time I was able to gain a vast amount of insight into not only how a professional club was run, but how highly qualified and professional coaches ran sessions.
  
- **Challenger Sports – 2013 - Present**
  - Worked summers in New England and Canada during 2013. Went onto to work within the mid-west region in 2014 and 2015.
  - Worked as a club trainer for Hillsdale SC (MI) running development and team sessions for both recreational and competitive players including guiding 3 youth teams to two 2<sup>nd</sup> place league finishes and a 1<sup>st</sup> place finish.
  - Coached and directed summer camps to children aged between 3 and 16. Focused on developing the skills of each individual child through having each child spend as much time as possible on the ball.
  - Travelled throughout the USA during this experience and I feel this has made me very adaptable and an even more confident person.

## PLAYING EXPERIENCE

I began playing soccer at the age of 6 when I joined Readstone United where I played until the age of 16, when I turned 16 I joined the local adult amateur league for Read United where I played for 3 seasons. I played for my University soccer team until I was 21 and played primarily as an attacking midfielder/winger. I spent the 2014-15 season playing in a local league alongside my last year at University where we reached a cup final before losing in a penalty shoot-out.

## HOST FAMILY INFORMATION

**Food Likes:** Meats, Pasta Dishes, Indian, Mexican, Rice, Vegetables, Fruit.  
**Food Dislikes:** Seafood  
**Medical Conditions:** N/A  
**Hobbies:** Playing soccer, working out, running, travelling, socializing, meeting new people and listening to music.

**HOST FAMILY REFERENCE**  
**Name:** Amy Fast  
  
**Area:** Michigan  
  
**Contact Number:** 517-320-2653  
  
**Email:** amyrfast@gmail.com

## PERSONAL STATEMENT

I feel that I am a lively, outgoing person who is easy to get along with. I have a wide range of interests from playing soccer to listening to music and socializing with other people.

My most recent achievement was gaining a BA Honour degree in Sport and Exercise Physiology. I enjoyed taking on this degree as it allowed me to gain an insight into the fitness and technical aspects of sports as opposed to just playing them. I am hoping that one day this may lead me into a master's degree in elite athlete strength and conditioning.

Before attending University at 19 years of age, I took a gap year in which I began my coaching career. I was very lucky to work with some highly experienced coaches and this experience not only made me a more confident person, but it also gave me a different aspect on a sport that I have loved all my life.

I am also a very keen soccer player and will take any chance to play in a game. I have represented many teams through various age categories through my life. I play as a winger or an attacking midfielder.

This is my 3<sup>rd</sup> year working with Challenger Sports and I have loved every minute of it. I have been lucky enough to coach some very good players and also stay with some amazing people who have now become life-long friends that I talk with on a regular basis. I feel the Challenger experience has helped make me the outgoing, talkative person that I am today as I have travelled to many new places and had the fortune of meeting so many incredible people.

I first became a club trainer in the fall of 2015 where I worked with Hillsdale Soccer Club in Michigan, a club that was going through a transition meaning that I had a big influence upon the direction the club is now running in. I ran various sessions aimed at developing the skills and understanding of over 100 children throughout a 11 week period during which I consider myself to have become a big part of the club, forming close bonds with everyone involved.

