

SPECIAL RECREATION OPPORTUNITIES



Equal Fun For Everyone

Western DuPage Special Recreation Association

WDSRA...providing
Equal Fun For Everyone!

630-681-0962
www.wdsra.com

WDSRA

The Western DuPage Special Recreation Association (WDSRA), in cooperation with the Naperville Park District, offers a variety of fun and educational programs and services for individuals with special needs. With caring, dedicated and trained staff, WDSRA provides more than 1,000 programs, trips and special events year-round to children and adults with disabilities.

If you would like more information about WDSRA services and programs, visit our website at www.wdsra.com or call 630-681-0962.

Inclusion Services

WDSRA also offers inclusion services for those wishing to participate in regular park district programs but may need assistance. Inclusion is designed to provide the least restrictive environment while providing the maximum opportunity to participate in a program. There is no charge for WDSRA's support. If you would like assistance, please indicate that special accommodations are needed on the park district registration form. If you have questions, contact WDSRA at 630-681-0962. Two-week advance notice is requested for inclusion support.

Volunteers/Part Time Staff

We are looking for caring people with a desire to give a little. Volunteers are needed to assist in a variety of programs from sports to crafts to special events. Our programs are fun and exciting. Sign up by yourself or with a friend. Hours are flexible, training is provided, and the benefits are many. For an application visit our website at www.wdsra.com.



Sign Language Class

WDSRA also offers sign language classes for community members. To register for these programs, contact WDSRA at 630-681-0962 or visit www.wdsra.com

Special Recreation

The benefits of recreation extend far beyond the soccer field or the dance floor. The skills that are learned and practiced in leisure provide a tremendous foundation for life. For an individual with a disability, recreational activities can improve self-confidence, provide socialization opportunities, and reinforce a sense of teamwork and tolerance. They can establish friendships and gain social independence. The benefits are endless!

WDSRA Programs

We offer a wide range of programs to reach a variety of interests:

- Soccer
- Baseball
- Swim lessons and team
- Trips & Outings
- Special Olympics
- Wheelchair and Adapted Sports
- Drama
- Dance
- Social Clubs
- Special Events
- *Much, much more!*

Upcoming Events

Join Team WDSRA!
Registration is **now** open for the

- Chicago Marathon
- WDSRA 5K



Register **now** to jump
for WDSRA during the
skydiving Jump-A-Thon

For more information call (630) 681-0962
or visit www.wdsra.com.